## REPORT 2021



Okti foundation In service of Community

# गुरुर्ब्रह्मा गुरुर्विष्णु र्गुरुर्देवो महेश्वरः गुरु साक्षात परब्रह्मा तस्मै श्रीगुरवे नमः

## From the Editor's Desk ... ...



Okti foundation In service of Community

Okti's operation in the past year faced the herculean challenge presented by the Covid Pandemic. Suffering & death on a level that had not been seen before in our lifetimes urged us to action while the pandemic's physical restrictions held us back.

Yet, Okti continued its crusade of rural healthcare to the best of its capacity; doctors across state boundaries served in their own locales, witnessing a necessary decline in elective surgeries & an increase in obstetric interventions. It was with careful planning & by working around the rules of lock down that Okti successfully carried out seven Surgical Camps in 2021, a testament to the commitment & solidarity of our team. Surgeons, anesthetists, and paramedics risked contracting the infection when they came into contact with patients who tested Covid Positive on several occasions.

Mr. Sibi Prakash from Direct Relief kindly donated oxygen concentrators & masks to Okti foundation during this time. These resources were deployed in different villages in Himachal Pradesh. Okti's torch bearer & raison d'etre, Dr. George Verghese, became a hero to the team. He contracted COVID-19 & was admitted to CMC Ludhiana in a critical state. He returned to the service of the rural community right out of recovery & operated despite being on oxygen through nasal prongs, an image which is sure to inspire several generations of doctors.

Okti would also like to take this moment to pay its respects to Dr. G. R. Bazliel, one of the founding members of Okti Foundation, whom we lost to natural causes in 2021. His empathy, experience, & commitment continue to be a cornerstone of this organization.

Cervical cancer is the second most common cancer amongst women in India. Team Okti is constantly taking steps to reach out to the people of remotest parts of our diverse country to spread awareness regarding its prevention, screening, treatment, and vaccination. The snow festival in Lahaul valley was recognized as one such opportunity. The team was also fortunate to deliver its services to the inmates of Tihar Jail in this context.

We are also proud to report that FOGSI Dr Duru Shah Community Service Award 2021 was conferred upon Okti Foundation at AICOG Indore in 2022. The Organization was also felicitated on 8<sup>th</sup> March 2021 by Delhi Medical Association for the extensive community work at IMA Bhawan Delhi.

DR. SONAL BATHLA MBBS, MD, FICOG, FICMCH, FIMS, FIMSA Consultant Obstetrician , Gynaecologist, Vaginal & Laparoscopic Surgeon HOD, Sant Parmanand Hospital , Delhi Secretary General, Okti Foundation, Delhi



Okti foundation In service of Community



#### MAGICAL COLLABORATION BETWEEN EMMANUEL HOSPITAL ASSOCIATION AND OKTI FOUNDATION

I have been privileged to meet the team from OKTI Foundation during its visit to Duncan Hospital, Bihar, a unit of Emmanuel Hospital Association. Many patients from low socio-economic status received help through the surgeries performed free of cost. Like Duncan, some other EHA hospitals also were helped by this initiative. With the support of the foundation, we have been able to serve communities who otherwise would not have gone for surgery or deferred surgery due to financial constraints.

It was a pleasure to interact with the team members, the way they adjusted to the resource limited settings we are in, the interactions with our teams in operation theatre, management and also interactions with the patients and relatives. The passion and quality of work they do for the underprivileged, treating them with dignity is commendable.

I want to thank Okti Foundation led by Dr Sonal Bathla and Dr George Verghese and their team for this initiative. We cherish the relationship brought about through this initiative. May you continue to impact many more lives through your services in the coming years.

We wish you all success and blessings for the future.

DR. SAIRA PAULOSE Executive Director Emmanuel Hospital Association

## JANUARY 2021 TO DECEMBER 2021 A. SURGICAL VENTURES

Okti Foundation, Delhi in collaboration with Sant Parmanand Hospital and Rural Committee of Indian Menopause Society organized seven Surgical Ventures in the year 2021. A total of 105 patients in remote locations got benefited. The dedicated team of professionals involved in voluntary services included Dr George Verghese, Dr Shiela Verghese, Dr T C Sharma, Dr Sonal Bathla, Dr Naresh Singla, Dr Preeti Yadav, Dr Shailesh, Dr Prabhu Das, Dr Prabhu, Dr Mandeep, Dr Novin, DrAnju Bala, Dr Shalu Jain, Mr Dilip Singh, Mr Harish & Ms Somlata.

#### DUNCAN HOSPITAL RAXUAL, BIHAR-FEBRUARY 22-24, 2021

A total of 10 patients were operated on at Duncan Hopital, Raxual Bihar out of which six were free supported by family & friends . Raxaul is a remote village at the India- Nepal Border. The Surgical team included Dr TC Sharma, Dr Shailesh Kumar, Dr Novin & Dr Prabhu.

Endourological surgeries were conducted in patients with prostatomegaly and renal stones providing them relief with urinary ailments.

SR					
NO.	OP.NO.	IP.NO.	PATIENT NAME	SURGERY	Diagnosis
			RAMPRABESH		
1	822985	48220	SINGH	TURP	Prostatomegaly
2	822491	48231	SHAMBHU SAH	TURP	Prostatomegaly
3	821158	48217	DEVMATI DEVI	LEFT PCNL	Renal Stone
4	823710	48242	MD.JAMIR MIYA	<b>RIGHT PCNL</b>	Renal Stone
		1	SATNARAYAN		
5	793318	28234	BAITHA	TURP	Prostatomegaly
					GU
6	820903	48225	JAKIR HUSSAIN	CYSTOCOPY	Tuberculosis





#### DR PRABHUDAS HOSPITAL, TOTU, SIMLA, HIMACHAL PRADESH MARCH 3-5,2021

Totu is a suburb of Shimla city located 1950 meters above sea level with restricted access to even basic healthcare facilities. In the Corona virus pandemic, to help out local people with surgical grievances, Okti Foundation organised a Surgical Venture at Prabhudas Clinic & Nursing home with financial assistance from Suvidha Diagnostic Centre. Twenty successful surgeries were performed over the month of March 2021 by Dr Prabhudas, Dr Mandeep & team. These included laparoscopic surgeries like laparoscopic ovarian cystectomy, cholecystectomy etc., emergency procedures like amputation of gangrenous foot, hemorrhoidectomy for bleeding hemorrhoids, drainage of breast abscess were done. Elderly frail ladies with large uterine prolapse underwent vaginal hysterectomy. One 70-year-old female with suspected cancer of anal canal underwent wide excision and biopsy. All the patients were discharged in stable condition.

S.No	Name	Age	Sex	Address	Diagnosis	Surgery
1	Brashmani	26	F	Shimla	Large ovarian cyst	Lap Cystectomy
2	Revati Devi	60	F	Mandi	Prolapse Uterus	Vaginal Hysterectomy & PFR
3	Roop Lal	40	М	Shimla	Lt renal calculus with Hydronephrosis	Pyelolithotomy
4	Usha	26	F	Solan	Cholelithiasis	Lap Cholecystectomy
5	Muskan	38	F	Shimla	Rectocele	Rectocele repair & PFR
6	Rekha	50	F	Shimla	Prolapse uterus, cystocele	Vaginal hysterectomy & cystocele repair
7	Rakesh	52	М	Shimla	Large mass perineum	Wide excision
8	Nyima Singh	38	М	Shimla	Bleeding Haemorrhoids	Haemorrhoidectomy
9	Stefi	23	F	Shimla	Cholelithiasis	Lap Cholecystectomy
10	Anju	28	F	Shimla	Breast Abscess	Drainage and Excision
11	Prem Khatri	24	М	Shimla	Haemorrhoids	Haemorrhoidectomy
12	Monika	23	F	Solan	Large breast Abscess	Drainage and slough excision
13	Kesh Bhadur	73	М	Shimla	BPH with urinary retention	Open Prostatectomy
14	Ayima	50	М	Shimla	Bleeding Haemorrhoids	Haemorrhoidectomy
15	Arnav	15	М	Shimla	Appendicitis	Appendictomy
16	Dev Ram Khatri	71	М	Mandi	BPH grade III	Open Prostatectomy
17	Naju Devi	71	F	Shimla	PVD/Gangrene Foot	Amputation
18	Puni Yogi	70	F	Shimla	Growth anal canal	Wide excision and Biopsy
19	Babli	35	F	Shimla	Fibroid uterus	TAH with B/L Salpingectomy
20	Pushpa	48	F	Shimla	Symptomatic Cholelithiasis	Cholecystectomy



## CIVIL HOSPITAL, JOGINDER NAGAR, HIMACHAL PRADESH SEPTEMBER 24 – 25, 2021

A Surgical Venture was organized at Civil Hospital Joginder Nagar, Himachal Pradesh from 24<sup>th</sup> to 25<sup>th</sup> September 2021. Surgeries of 24 poor patients were conducted with financial assistance from Shree Cement Pvt. Ltd. and Rotary Club, Joginder Nagar. Dr George Verghese, Dr Sonal Bathla, Dr Narjeet Kaur, Mr Harish, Ms Somlata, Ms Meena, Ms Dolma contributed their services to the camp.

S.No	Name	Age/Sex	Village	Diagnosis	Procedure
1	Krishna	53/F	Suani	3 <sup>rd</sup> Degree	Vaginal
	Devi			prolapse	Hysterectomy with
					Anterior &
					Posterior Repair
2	Shakuntala	35/F	Khadiyan	3 <sup>rd</sup> Degree	Vaginal
	Devi			Prolapse	Hysterectomy with
					Anterior &
					Posterior Repair
3	Rita Devi	43/F	Khadiyan	3 <sup>rd</sup> Degree	Vaginal
				Prolapse	Hysterectomy with
					Anterior &
					Posterior Repair
4	Santa Devi	41/F	Drubal	Large	Total Abdominal
			100	uterine	Hysterectomy
				fibroid	
5	Sona Patti	36/F	Tikker	Uterine	Total Abdominal
		1		Fibroid	Hysterectomy
6	Sumitra	41/F	Harabag	Gall Stone	Cholecystectomy
	Devi				
7	Krishna	52/F	Sangrehar	Gall Stone	Cholecystectomy
	Devi				
8	KiranBala	63/F	Yora	Gall Stone	Cholecystectomy
9	Suman	46/F	Jimjima	Gall Stone	Cholecystectomy
	Devi				
10	Nota Ram	70/M	Bihuin	Gall Stone	Cholecystectomy
11	Babli Devi	40/F	Majharnu	Gall Stone	Cholecystectomy
12	GNagni	60/F	Sudhar	3 <sup>rd</sup> Degree	Vaginal
	Devi			Prolapse	Hysterectomy with
					Anterior Repairwith
					Sacrospinous
					fixation
13	Sapna	41/F	Gagtyan	Fibroid	Non Descent
	Devi			Uterus	Vaginal
				1	Hysterectomy
14	Nirmala	31/F	Main Bazar	Large	Polypectomy
	Khatri	1		Endocervical	N. S. S. S.
				Polyp	

15	Sharmila Devi	38/F	Balakrupi	Multiple Small fibroid uterus	Non Descent Vaginal Hysterectomy
16	Reeta Devi	40/F	Majharnu	Fibroid Uterus	Total Abdominal Hysterectomy
17	Achri Devi	20/F	Kass	Gall Stone	Cholecystectomy
18	Ranveer Singh	65/M	Chountra	Gall Stone	Cholecystectomy
19	Anuradha	48/F	Palhoon	Gall Stone	Cholecystectomy
20	Kaushalya Devi	68/F	Neri	Gall Stone	Cholecystectomy
21	Phulan Devi	46/F	RoopaPadshar	Gall Stone	Cholecystectomy
22	Shakuntala Devi	33/F	Harabag	Gall Stone	Cholecystectomy
23	Saroja Devi	59/F	Bharon	Gall Stone	Cholecystectomy
24	Rita Devi	34/F	Napota	Gall Stone	Cholecystectomy













### SAHAYAK SURGICAL CENTRE, MANALI, HIMACHAL PRADESH OCTOBER 8 – 10, 2021

A Surgical Venture was organized at Sahayak Surgical Centre, Himachal Pradesh by the Okti Foundation from 8<sup>th</sup> to 10<sup>th</sup> October 2021. Surgeries of 20 poor patients were conducted with financial assistance from Pitam Chand Charitable Trust. Dr George Verghese, Dr Sheilagh Verghese, Ms Somlata, Ms Meena & Ms Nargis contributed their services to the Camp.

S.No	Name	Age/Sex	Address	Diagnosis	Surgery
1	Kamla	46/F	Karjan	Gall Stone	Cholecystectomy
2	Kaushalya	40/F	Aleo	Gall Stone	Cholecystectomy
3	Jeet Ram	70/M	Chaklari	BPH Bladder Stone	Bladder Neck Reconstruction Cystolithotomy
4	SaramDass	62/M	Baga	Gall Stone	Cholecystectomy
5	Jeevika	1.5/F	Soyl	Club Foot	Repair &PoP
6	Mamta	24/F	Tikkar	Left Ovarian Cyst	Oopherectomy
7	KhimDassi	44/F	Gandhi Nagar	CA Ovary Ascites	Lap – Biopsy
8	Sunil	56/M	Aleo	Inguinal Hernia	Herniorrhaphy
9	Pinka	44/F	Aleo	Gall Stone	Cholecystectomy
10	Shanto	35/F	Sharan	Gall Stone	Cholecystectomy
11	Narender	40/M	Talangra	Gall Stone	Cholecystectomy
12	Raksha	40/F	Aleo	Elderly Primi	LSCS
13	Nirmala	58/F	Tarambli	Gall Stone	Cholecystectomy
14	Santosi	34/F	Buaai	Gall Stone	Cholecystectomy
15	Nagina	34/F	Madanpur	Gall Stone	Cholecystectomy
16	Ravi	37/M	Jawali	Gall Stone	Cholecystectomy
17	Nirmala	35/F	Sharan	Gall Stone	Cholecystectomy
18	Punam	37/F	Mohila	Gall Stone	Cholecystectomy
19	Tilu Ram	80/M	Gadsa	BPH	Prostatectomy
20	BeeruSunar	51/M	Manali	Gall Stone	Cholecystectomy





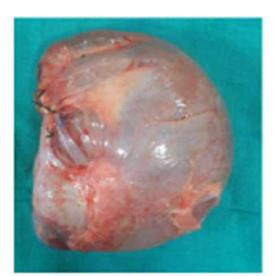


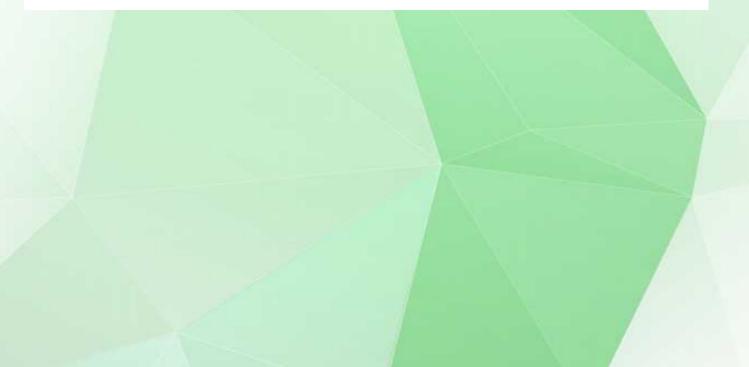












#### ASHA KIRAN HOSPITAL, LAMPTAPUT, ODISHA OCTOBER 24 – 26, 2021

Asha Kiran Hospital, Lamptaput, Odisha was visited for the first time by team Okti from 24th to 26th October 2021. Surgeries of 19 poor patients were conducted with financial assistance from Mr. B. K. Kapila Ji, Ludhiana, Punjab. Dr George Verghese, Dr Sheilagh Verghese, Dr T C Sharma, Dr Ravi George contributed their services to the Camp. The tribal population of the area was helped surgically in their own village.

S.No	Name	Age/sex	Diagnosis	Surgery
1			Dermoid cyst	
	Joshnadas	6/F	ovary	Right Oopherectomy
2			Phimosis+ Right	
	GoutamSisa	3/M	hydrocoele	Circumcision + right hydrocoelectomy
3			Left thyroid	
	Kushmitha Dora	31/F	swelling	Left hemithyroidectomy
4	Padmanabthangul	45/M	BPH	TURP
5			Vesicovaginal	
	Sonadeikhora	30/F	fistula	VVF repair
6	Nanda Bajing	71/M	BPH	TURP
7			?TB bladder, B\l	Cystoscopy, Right
	DhaneshMuduli	15/M	HUN	Ureterosigmoidostomy
8	Kamulusushanayak	53/M	Uretheral stricture	Uretheroscopy+OIU
9	TulsiKhilo	18/F	Fibroadenoma	Excision biopsy
10	LaxmiDiari	35/F	Fibroid uterus	Abdominal hysterectomy
11	BalaramHantal	21/M	Fistula in ano	Fistula tract excision
12			Right	
			Hydronephrosis +	
	DombruGardia	22/M	left pyelonephritis	Cystoscopy+ DJ stenting
13	1.1.1		Right breast	
	SubaoraKhora	24 F	fibroadenoma	Excision biopsy
14			Ruptured ectopic	Laparotomy+ left salpingectomy+ right
	Laxmipangi	24/F	pregnancy	tubectomy
15			Mucous retention	
	Manica	12/F	cyst	Excision
16	HariDisari	41/M	Post Vasectomy	Recancalisation / Vasovasotomy
17			Prolapsed	
	Dalugudia	37/F	hemorrhoid	Hemorrhoidectomy
18	BiswanathMuduli	39/M	Post Vasectomy	Recancalisation / Vasovasotomy
19	KhairunBibi	48/F	Ureteric stone	Ureterolithotomy



## SANT PARMANAND HOSPITAL CAMP, DELHI, 2021

Poor patients from villages and from migrant population in Delhi were financially supported in surgeries conducted at Sant Parmanand Hospital, Delhi.

Twenty one patients were operated by a team of surgeons ie Dr Sonal Bathla, Dr TC Sharma, Dr Shalu Jain, Dr Anju Bala, Dr BN Seth and team.

	S.No	Name	Age	Sex	Diagnosis	Surgery
					Primigravida with	
					38wks with	
					hypothyroidism with	
					Oligohydramnios	
		Beena			with IUGR with	
	1	Sharma	28	Female	nuchal cord.	NVD on 19/1/21
						VH with B/L
						Conservation of
	•	Chandani	20	<b>P</b> 1	P3 L3 AB1 with	ovaries done under
	2	Devi	39	Female	Menorrhagia	SA on 11/2/2021
						NDVH f/b check
					P2 L2 with	laparoscopy done
	3	Rakesh	12	Female	Adenomyosis with	under GA on
-	3	Rakesh	42	remale	Menorrhagia Right distal uratoria	24/6/21.
					Right distal ureteric stricture with Right	CPE + Right RGP +
					poorly functioning	Right Ureteroscopy
	4	Gyan Devi	33	Female	kidney with	+ Right D.J.Stent
+	•	Oyun Devi	55	Temate	Kidney with	right D.s.Stent
		1.00	1			Cystoscopy with
		1				Bladder Biopsy
					GUTB with Ureteral	done under GA on
					Meatal Stenosis	14/01/2021
						NDVH with B/L
						conservation of
						ovaries with
	11				P3 L3 with	Macall'sculdoplasty
	- 8				Menorrhagia with h/o	with posterior
	5	Nema	42	Female	Anaemia	colpoperineorraphy
					G8 NND3 Ab4 with	X
					34+5wks pregnancy	
					with previous 2	
					LSCS with UTI with	
					GDM with HTN with	
					IUGR with	
					Polyhydramnios with	
					IHCP and post covid	
	6	Kaniz	29	Female	status.	Emergency LSCS

	7	Jyoti	21	Female	Unmarried girl, Primigravida with 11 wks pregnancy incomplete abortion (h/o Took MTP pills on 06/07/21) with heavy bleeding PV with severe anemia.	Emergency D&C done under GA on 27/07/21.
					Menorrhagia with	NDVH with B/L conservation of ovaries done under
	8	Chandrakala	49	Female	adenomyosis	SA on 29/7/21
		Sadhana			Menorrhagia with DM with fibroid uterus with left ovarian cyst with	
	9	Singh	42	Female	AUB(L).	Endometrial Biopsy
	10	Sushma	42	Female	P3 L3 with post laparoscopic day 3 with c/o fever with loose motion with persistent fever, not responding to antibiotics.	Laparotomy with drainage of collected Pus
						Excision of skin
	11		53		Large infected lesion wide cellulitis perianal region, DM with HTN with	lesion with wound debridement major with Abscess drainage done under
-	11	Lalit Kumar	53	Male	Septicaemia	SA Left DCNL + DL
		1 14		/	Bilateral Renal Staghorn Calculi with Right	Left PCNL + DJ stenting under SA with Right PCN &
L	12	Noorjahan	48	Female	Pyonephrosis	Left DJ stenting















## **B: OKTI'S OTHER VENTURES TOWARDS RURAL WELL BEING**

#### CERVICAL CANCER AWARENESS INITIATIVE VILLAGE KHOKSAR, LAHAUL, HIMACHAL PRADESH MARCH 18, 2021

Cervical cancer is the second most common cancer amongst women in India. This dreaded disease kills at an alarming rate with an estimated one life lost every 8 minutes. Today, with medical and technical tools at hand no woman should have to die of cervical cancer. It goes without saying that the burden of this deadly, yet preventable cancer falls more on women who lack access to health services. We believe, with the three-pronged comprehensive approach, comprising of spreading awareness, screening (followed by treatment when needed), and vaccination, cervical cancer can be eliminated as a public health problem within a generation.

Okti foundation, the Community Outreach Program of Department of Obstetrics and Gynaecology, Sant Parmanand Hospital, has been dedicated for a long time towards this cause. The team is constantly taking steps to reach out to the people in the remotest parts of India. The ongoing snow festival in Lahaul valley was recognized as one such opportunity, where overwhelming participation of women was observed. This high-altitude tribal community was isolated from rest of the world during harsh winter months usually till April until the opening of Atal Rohtang tunnel. The festival was organized by Sh. Markanda with support from local communities and was attended by Mrs Chandra Pardhan, Mr Manav Verma, SP, Lahaul and Dr TC Sharma.

On March 18, 2021, at sub-zero temperature, an awareness talk was delivered by Dr Sonal Bathla at the snow festival addressing the women and the adolescent girls present. The aim was to educate them about the prevalence of cervical cancer, its risk factors, symptoms and importance of vaccination and screening. The women were educated about the safe sex practices, importance of genital hygiene and when to seek medical help. The importance of cervical cancer screening was reinforced as early cervical cancer might not have any symptoms. The significance of menstrual hygiene and the means to practice the same were conveyed to the young girls. The talk was attended by more than 100 women and girls. The information was well comprehended by the audience. The concept of vaccination was welcomed too. Some women had queries which were satisfactorily addressed. They were encouraged to take part in phase two of the initiative, when screening will be conducted.

The program was appreciated by the community, which gives us the motivation to continue making efforts till we reach our goal.



#### CERVICAL CANCER AWARENESS AND SCREENING INITIATIVE TIHAR JAIL, NEW DELHI April 8, 2021

With all the conviction, Okti foundation, the Community Outreach Program of Department of Obstetrics & Gynaecology, Sant Parmanand Hospital, Delhi, is constantly taking steps to reach out to the people belonging to different sects of community for prevention of Cervical Cancer. One such part of community is the population of women living in jail. Though women inmates residing in Tihar Jail have access to the medical facility round the clock, cervical cancer screening is a project where in you need to impart information and awareness to the individual and then motivate her for screening.

On April 8, 2021, with due permission and in presence Senior Medical Officer CJ-6, Dr Shahida, an Awareness Talk was delivered by Dr Sonal Bathla, Consultant Gynaecologist and Secretary Okti Foundation at Tihar Jail, addressing the women. The talk was attended by more than 100 women. The aim was to educate them about the prevalence of cervical cancer, its risk factors, symptoms and importance of vaccination and screening. The women were educated about the safe sex practices, importance of genital hygiene and when to seek medical help. The importance of cervical cancer screening was reinforced as early cervical cancer might not have any symptoms. The information was delivered in both English and Hindi language which was well apprehended by the audience. Some women had queries which were satisfactorily addressed. They were encouraged to take part in screening and seek gynecological consultation in case of any complaints.

A total of 100 women were counselled, out of which 50 women were consulted and examined by Dr Shalu Jain, Dr Preeti Yadav, Ms Saira Bano, Ms Phuntsog Dolma and Ms Sweety. Out of these 25 women wanted cervical cancer screening. Cervical cytology samples were taken after due written consent. In 20% (n=5) of the samples, Bacterial Vaginosis was reported. The same was conveyed to the jail authorities and women were appropriately treated. No patient was found to have a suspicious cytology report. The samples were processed by Onquest Laboratories and financially supported by Pharmed Limited.

Following medical and surgical comorbidities were noted among the participating women and appropriate medical advice was given.

COMORBIDITY	NUMBER OF WOMEN
BREAST LUMP	2
TUBERCULOSIS	3
PCOD	2
HYPOTHYROIDISM	9
DYSLIPIDEMIA	1
GALL STONES	1
INFERTILITY	2
HIV	1
HYPERTENSION	3
ASTHMA	1
DIABETES MELLITUS	2
DEPRESSION	1

The program was appreciated by the women and the authorities, which was motivating for the team.

## C. AWARDS

"Compassion Extra Ordinaire" by Sh J P Nadda, honourable Health Minister of India and FOGSI President DrJaideep Malhotra for the surgical services and capacity building at remote villages pan India by the dedicated Team of Doctors in 2018.



The Okti Foundation Surgical Team represented by Dr George Verghese (Surgeon), DrVinodKalla (Anaesthetist), Dr T.C Sharma (Urologist), DrSonalBathla (Gynaecologist) was Nominated for the "Best Surgical Team "Award in South East Asia BMJ Awards in 2018 amongst nine countries and 1595 entries for contribution towards the Surgical Services and Capacity Building in Rural India.



Felicitation by Delhi Chapter IMS, FOGSI Midlife and Education Committee in Delhi towards services to women in remote locations and work for Menopausal Health in 2019.



"Woman of the Year Award - 2019" by "Delhi Gynaecologist Forum" and 'Wow India' to Dr Sonal Bathla in 2019 in Delhi for the contributions to the health Sector in India.



## FELICITATION BY DELHI MEDICAL ASSOCIATION 8<sup>TH</sup> MARCH 2021



Dr Sonal Bathla was felicitated at DMA Bhawan on 8<sup>th</sup> March 2021 on behalf of Okti Foundation for the social sevices rendered to the population at large by her team. An appreciation from FOGSI –FIGO was also received in year 2020 for active participation of the organization in dissemination of awareness, execution of screening and vaccination against Cervical Cancer in remote locations in India.



FOGSI Dr Duru Shah Community Service Award 2020 conferred upon Okti Foundation at AICOG Indore in 2022.



### ACKNOWLEDGEMENTS

The Okti Foundation acknowledges the contributions of all the doctors, paramedical staff and community workers for their voluntary services for the cause of humanity. The Financial contributions made by various organizations and individuals, exempted under 12A and 80G, are highly appreciated. The awards conferred upon the organization by various organizations and institutions not only boosted the morale of each and every member of the organization but also enhanced the credibility to the authentic work. It has encouraged many more people to associate themselves to this humanitarian work. The financial contributions from the following donors are highly appreciated.

- 1. Shree Cement Pvt Ltd
- 2. Sh H. L. Bathla
- 3. Smt Sumitra Bathla
- 4. Sh BR Maheshwari
- 5. Dr Naresh Taneja
- 6. Ms InduTaneja
- 7. Ms Seema Bathla
- 8. Indiabulls Pharmaceuticals
- 9. Ms Neha Arora
- 10. Pitam Chand Chariatable Trust
- 11. Ms Sudesh Arora
- 12. Sh BK Kapila
- 13. Dr. Sangeev Sehgal
- 14. Dr. Amit Kumar Gupta



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#### THE SURGICAL TEAM THAT GAVE SO WILLINGLY OF THEMSELVES, SO THAT OTHERS MIGHT LEAD BETTER LIVES

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